

Men's and Women's Health

Our medical centre provides comprehensive, confidential care tailored to the unique health needs of both men and women at every stage of life. Our experienced GPs focus on prevention, early detection, and ongoing management to support long-term wellbeing.

Women's Health

We offer a wide range of women's health services in a supportive and respectful environment, including:

- Cervical screening tests (Pap smears)
- Contraception advice and family planning
- Pregnancy care and shared antenatal care
- Menstrual and hormonal concerns
- Menopause management
- Breast health checks and referrals
- Sexual and reproductive health
- Mental health support and wellbeing
- Chronic disease management and preventative health checks

Our GPs work closely with patients to provide personalised care and appropriate referrals when required.

Men's Health

Men's health issues can often go unnoticed or untreated. Our team encourages men to prioritise regular health checks and preventative care, including:

- General health and wellbeing checks
- Prostate health and screening
- Cardiovascular risk assessment
- Diabetes screening and management
- Sexual health and erectile concerns
- Mental health support
- Hormonal issues, including low testosterone
- Lifestyle advice for weight, exercise, and stress management

Early detection and proactive care play a key role in maintaining long-term health.

Preventative and Ongoing Care

We believe prevention is just as important as treatment. Our doctors provide tailored health assessments, screening, and management plans to help you stay healthy and address concerns early.

Appointments are available with both male and female GPs. Please contact our reception team or book online to arrange an appointment.